

## BeingAfrican, LLC Curriculum-Lesson 22

### Objectives

Upon completion of this lesson, students will be able to:

1. Identify and sound out a variety of food stuffs
  2. Continue practising sentence construction
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Based on [Lesson 8](#) pronunciations say out loud the Xhosa verbs and noun

### More Day- to-Day Nouns

Xhosa	English	Verb + Noun	Verb + Noun
Inyama	Meat	Sika inyama	Cut meat
Isonka	Bread	Qhekeza isonka	Break bread
Amanzi	Water	Sela amanzi	Drink water
Irayisi	Rice	Pheka irayisi	Cook rice
Iphalishi	Pap	Phaka iphalishi	Serve pap
Utywala	Alcohol	Thenga utywala	Buy alcohol
Amantongomane	Nuts	Qhekeza amantongomane	Crack the nuts
Imifuno	Leafy vegetables	Nqunqa imifuno	Cut leafy vegetables
Isuphu	Soup	Yenza isuphu	Make soup
Amazambane/iitapile	Potatoes	Chuba iitapile	Peel potatoes
Iziqhamo	Fruit	Yitya iziqhamo	Eat fruit
Intlanzi	Fish	Bamba intlanzi	Catch fruit
Amaqhashu	Popcorn	Ginya amaqhashu	Swallow the popcorn
Umqwayito	Biltong	Hlafuna umqwayito	Chew biltong
Ibhotolo yamantongomane	Peanut butter	Thambisa ibhotolo yamantongomane	Spread peanut butter

**Food: Try saying these aloud!!**

1. Bhanana	2. Ikeyiki
3. Iminqathe	4. Ilamumi
5. litumato	6. Imbotyi
7. Isiselo	8. Ibheyikoni
9. Igwava	10. Iyogathi
11. lipesika	12. Imango
13. Itswele	14. lilekese

**a) What do you think each word means?**

**b) How do you think they were created?**