

**BeingAfrican, LLC Curriculum**

**Lesson 3: Verbs/doing words**

**Objective**

- 1. To visualize and understand verbs/doing words**
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**Lala - Sleep**



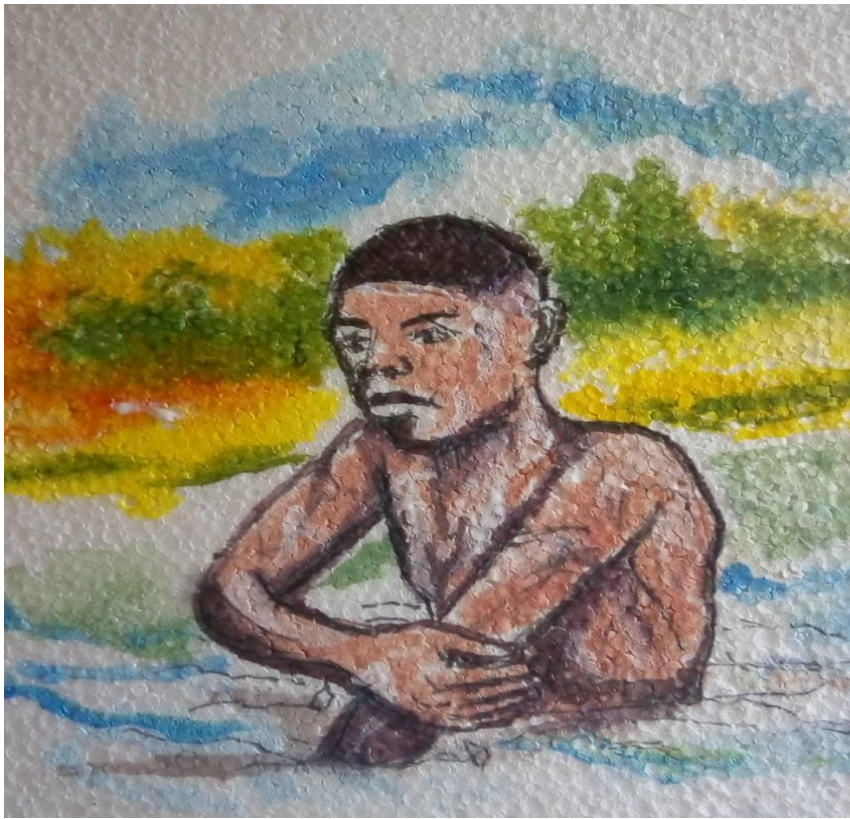
**Lala - Sleep**



Pyanga - Sweep



Pyanga - Sweep



**Owa - Bath in the river / swim in the river**  
**Samba - in the bath / shower**



**Samba - Shower**



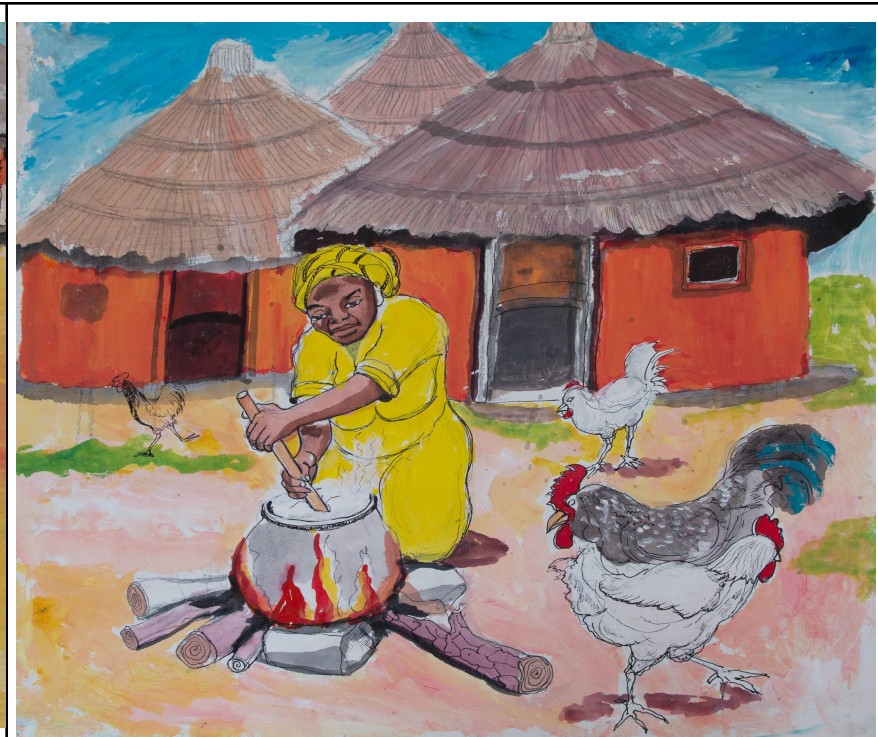
**Fwala - Dress**



**Landa - Speak**



**Nwa - drink**



**Impika - Cook**



**Yangala - Play**



**Shana or Cinda - Dance**



Akulya - Eat



Akulya - Eat





**Kontama - Bend**



**Mwentula - Smile**



**Sunka - Push**



**Enda - Walk**



**Ingila - Enter, kopa icikope elo ucipange bwino**



**Muposhe mu minwe -Shake hands- Panga incikope muli blauni .....kwati ni muchungulo**



**Butuka-run**



**Tota-Clap**



**Seka-laugh**



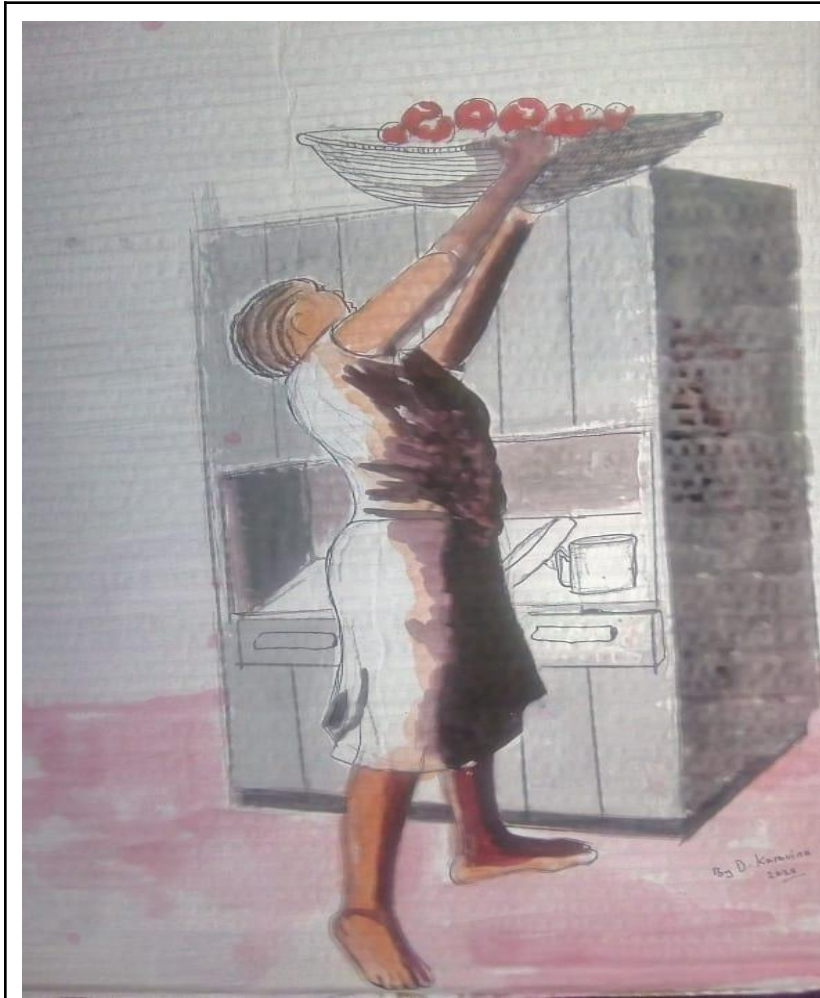
**Lila-cry**



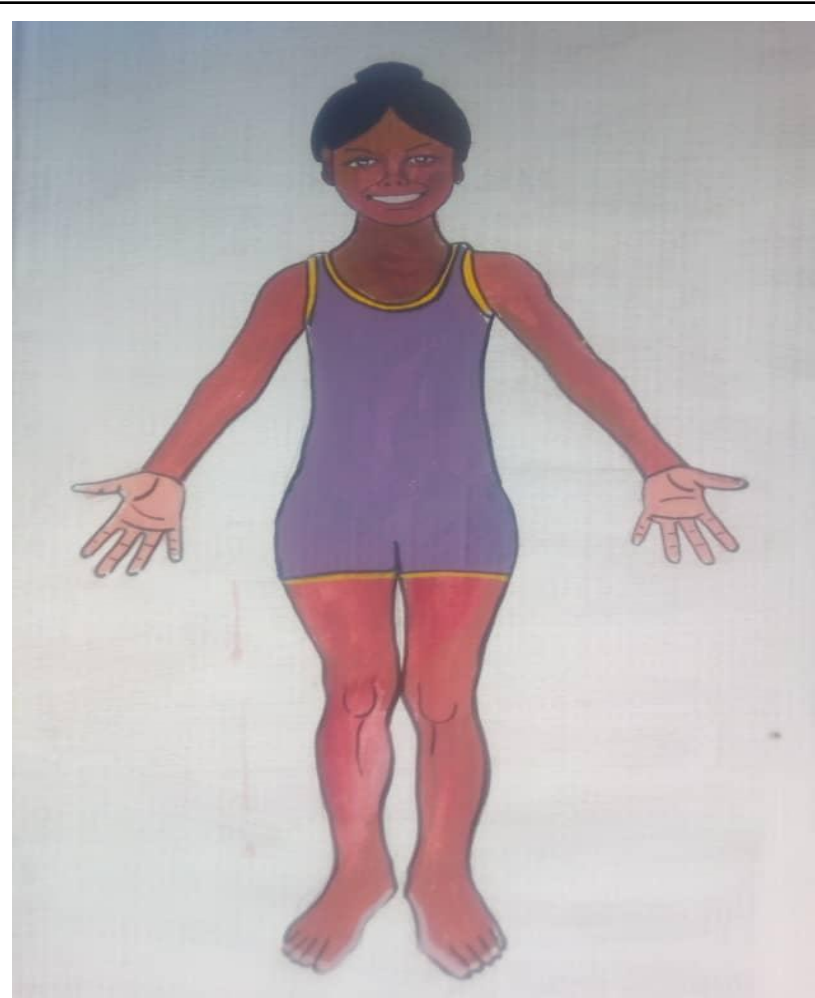
**Ikata-catch**



**ikala-sit**



**Fikapo-reach or Senda-take**



**Iminina-stand**